Treehugger.com, 28th February 2012

2. The Husky Mountain Expedition by Nature Travels, Sweden



© Nature Travels

The mountains of Swedish Lapland are considered an ideal place to take to the sled. One package, the Husky Mountain Expedition offered by Nature Travels is an eight-day dogsled tour exploring some of Sweden's most beautiful landscapes along the frozen river of Torneträsk, through the lakeside scenery of Abisko, and up into the mountains to the Kebnekaise, Sweden's highest peak.

Part of this route follows the King's Trail -- one of Sweden's best-known summer hiking trails. Evenings are spent in cabins along the way, save for the night spent in a "lavvu" (traditional tipi) or Ark.

Some of the stops are equipped with wood-fired saunas, which must be a welcome sight after an exhausting day of mushing. (In case the idea of driving the dogs sounds intimidating, participants are trained in how to handle the huskies, and mushing skills are said to generally develop quickly.) Although aspects of the route can be physically strenuous, this husky tour is accessible to anyone with a general good level of health and fitness. (starting at around \$2,200 for a seven-day package)