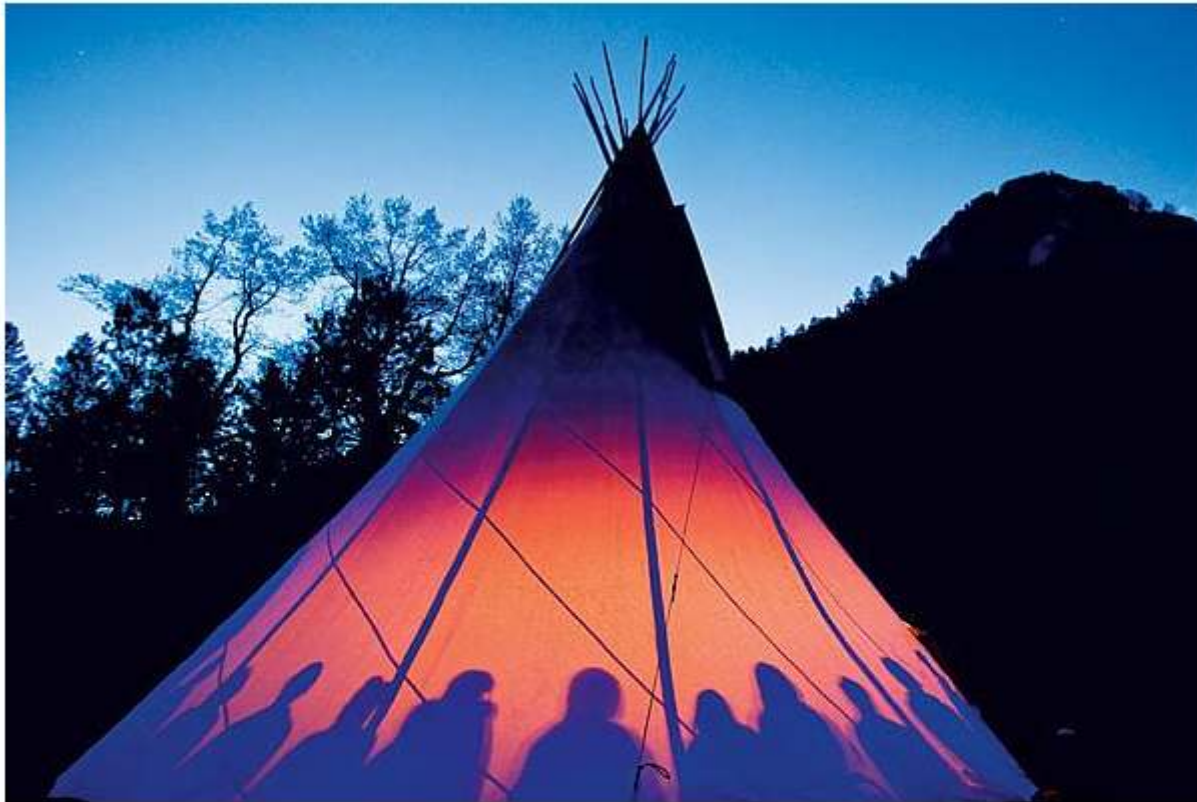


# The Thrillseeker's Checklist

From swimming with sharks to camping out with wolves, make 2010 the year for trying something truly different, says Mike Peake



## Go back to nature

### BERGSLAGEN, SWEDEN

Just west of Stockholm is the mineral-rich Bergslagen region, a place of lakes, forests, few people and lots of wildlife. It's not often that you can put yourself in the arena of some truly wild animals, but here you're in wolf territory, and you can hike right into the thick of their kingdom in a small, guided group. You bed down in a teepee, but not before cupping your hands to the sky and letting out an almighty howl. The chances that a neighbouring wolf pack will respond are said to be nigh on 100%.

PAY ABOUT €200 FOR THE NIGHT, INCLUDING MEALS AND GUIDE. VISIT [WWW.NATURETRAVELS.CO.UK](http://WWW.NATURETRAVELS.CO.UK)

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