## TRAVEL

## **Q** Go on Safari...in Scotland

Forget the big five you'll find in Africa, Highland Safari will take you out and about in Perthshire to spot red deer, grouse and golden eagles. Getting insider knowledge of the beautiful wildlife of the United Kingdom and seeing it in its own habitat is an experience kids of all ages will love. This is an opportunity to try to spot some of the most elusive wildlife on our shores. Younger children will learn how to identify tracks of the rare Red Squirrel in their Forest Safari trail and older children will love the Mountain Safaris where you will travel through forests, mountains and moors on private hill tracks and really have an opportunity to appreciate this beautiful wilderness. If you visit in winter you can head out in the 4WD with snow chains on ready to spot white Mountain Hare or the snowy White Ptarmigan. From £20 adults/£10 children for a forest safari 01887 820071 highlandsafaris.net

## 4 Get up close and personal with volcances in Italy

This great multi-activity trip to Sicily will see you learning about why and how volcanoes erupt in the Volcano and Lava Museum. You will also find out how papyrus is made, get to make your own pottery and it will see you mountain biking and deep canyon hiking. But learning about volcanoes is the highlight of this tour and it won't be restricted to the museum - you will also take part in a trek, suitable for kids, up Mount Etna - one of the most active volcanoes in the world and found on the east coast of Sicily. You will also explore this volcano's grottos and craters along its north face - you can't beat that for an out of the classroom experience. £1149/adult, £1129/child for the 8 day trip including flights familiesworldwide.co.uk



**5** Build a raft in Sweden Get to really hone your woodworking skills as you build your own family timber raft and take it on a unique adventure down the River Klarälven in Sweden. This stretch of water is the oldest logging route in the country, and today they are keeping this tradition alive by helping families to build their own raft using only logs and rope, before setting sail down the river. Your timber rafting tour will take you through a beautiful rural area of Swedish forests, small villages and farmland, giving you the opportunity to stop and explore the surrounding countryside along the route. Look out for beavers and other wildlife along the way. And to complete the adventure this five day experience will include wild camping, as each night you choose a suitable spot to sleep under canvas along the river bank. 5-day tour (50km): £250/ adult, £125/child 3-15 naturetravels.co.uk

## 6 Wild Food Foraging in Wales

Learning about the wild food we can eat and the medicinal plants that can help us is a great way to spend a day in Wales. Cwm Tawel offer outdoor courses where together with an instructor you forage around the Welsh woodland, meadows and hills. You then return to camp with your treasures and use them to cook a simple camp meal. You also learn flora identification techniques as well as tips on how to harvest in a sustainable way, and how to prepare each ingredient. There are opportunities to taste your discoveries throughout the day, as well as enjoying the final foraged meal. Adult: £65 (including a light lunch and refreshments) Child: £45 (including a light lunch and refreshments) cwmtawel.org.uk



FEBRUARY/MARCH 2015 www.thegreenparent.co.uk