

13 great family holidays

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Tracking animal dung, sleeping under canvas, swinging in a treehouse... inspired breaks that'll keep everyone amused. By Amanda Morison



Try foraging for food and making camp on a Bear Grylls-style holiday
Tormod Rossavik / Shutterstock

Best for Bear Grylls wannabes

Want to wean them off their Nintendo DS? How about foraging for food and making camp on an organic farm, two and a half hours by train from Stockholm? Located deep in a forest, and under the expert guidance of your hosts – the kind of people who know how to wrestle a moose, should a rampaging one sweep into camp – you will learn how to identify and gather edible food, read animal tracks and light fires.

Family time It's not just about foraging. Guests will also enjoy horse and carriage rides to a lumberjack cabin for lunch, rowing on the lake and fireside tales of the forest.

Just for kids Children can sleep under canvas for three of the five nights. Join them, or snuggle up in a real bed inside a farm building.

Adults only Get the adrenaline going with a swim in the lake or go on a kayak tour. £ £ £

Nature Travels (+44 (0)1929 463 774, naturetravels.co.uk) offers a five-day tour for £363 per adult. One child per adult can travel for £11 - additional children: £121. Includes meals and accommodation. British Airways (ba.com) flies to Stockholm.