bnh of nioi\graphorag\join to find leading marine conservation charity you will be supporting the UK's vital work. By becoming a member and subscriptions to carry out our As a charity we rely on donations



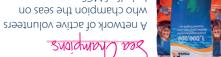
evisit www.goodfishgue.org choose sustainable seafood smartphone app to help you Fish Guide, or download our



underwater Seasearch surveys. If you dive, you can take part in surveys to report them to MCS. use our online wildlife sighting basking sharks, turtles or jellyfish, If you are lucky enough to see



behalf of MCS.



and how to stop it. identify where rubbish comes from Regular beach cleans that help us



our vision of seas fit for life. abundant wildlife – and you can help us achieve MCS works tirelessly for healthier seas and

protect our the seas around the UK. rubbish is going in and too little has been done to But too many fish are being taken out, too much vital fish stocks, and give enjoyment for everyone. Our seas and shores are home to amazing wildlife,

and wildlife Protecting our seas, shores

Stretching around 16,000km, the coastline around the British Isles is a huge playground for everyone to enjoy.

Follow the MCS Seashore Code and enjoy the coast, without harm to yourself or wildlife.







about the creatures of the shore and all the work we do at www.mcsuk.org

reveal some of the secrets of the strandline.

brings in but aren't sure what everything wondered at the natural treasures the tide

bits of driftwood and shells or have ever

Well, if you like scouring the shoreline for

Can you spot a sanderling, starfish or sea

on the seashore

see sedspells

limpets or your hornwrack from your Do you know your barnacles from your

potato without a second glance?

pladderwrack?

lliw ebiud Safari Guide will

You can delve deeper into the world of fascinating facts and intriguing information

how many seashore treasures you can find.

every time you head to the beach and see

Take the MCS Seashore Safari Guide with you

tide recedes - is a place of wonder and

washed up on the waves are left as the

where man-made and natural objects

The strandline - the top bit of the beach

Seashore Safari Guide

Explore the seashore with the Marine Conservation Society

Seashore Code

Explore responsibly

- ★ Leave animals where you find them.
- ★ Carefully lift and replace any rocks you move and leave attached seaweed in place.
- ★ Seashells nurture an interest in nature amongst children, so if you want to take a couple home only take empty open shells shells that can provide a home for hermit crabs (like whelks and periwinkles).

Reep it tidy

- Take your rubbish home don't bury it or burn it.
- ★ Poop scoop your dog's waste then bin it responsibly.

Watch with care

- * Watch quietly from a distance, especially near birds and seals with pups.
- ★ Control your dog and keep it on a lead

- boardwalks.
- ★ If you dig holes in the beach, please fill them up again.
- ★ Don't climb up or go near the top or bottom of a cliff.
- ★ Check tide times to avoid being cut off.
- ★ Keep away from soft sand and mud, and beware of slippery rocks.



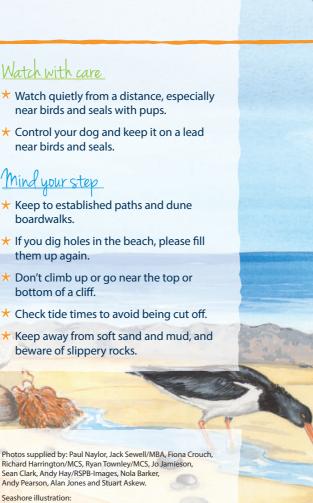
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Claire Hammond (clairieham@hotmail.com) www.claire-hammond.co.uk

We would like to thank Nature Travels for supporting the production of this guide ww.naturetravels.co.uk







Seashore Safari Guide

Explore the seashore with the **Marine Conservation Society**



PAINTED TOP SHELL A tall shell with stripes of purple and white in a striking conical shape. The flecked with purple, red and brown



These anemones can have up to 200

VELVET SWIMMING CRAB

Its upper shell has a feeling of soft

aggressive demeanor have given it the

velvet and its blood red eyes and

tentacles! Their tentacles remain out all

BEADLET ANEMONE SNAKELOCKS ANEMONE Has a band of "beads" around the top of its body, hence the name. When of the time, they don't retract them like the tide goes out they retract their



tentacles so they won't dry out.

MOON JELLYFISH sensitive skin. Jellyfish are the favourite food of the leatherback turtle



BARNACIES These animals live upside down, permanently stuck to the rock with their legs sticking upwards ready to



COMMON WHELK EGG CASES Puffy balls of white eggcases laid by the common whelk. Used to be used by sailors as wash balls!

BLADDERWRACK

photosynthesise.

EDIBLE CRAB

like a pastry crust.

This pinkish brown crab has

chunky claws and its shell looks

The small air-filled bladders along

the fronds help this seaweed to float

towards the surface of the water to



COMMON LIMPET

A snail with a homing instinct! It grazes on algae while the tide is in

home scar, when the tide retreats.

and returns to the same spot, called a

CUTTLEBONE Cuttlefish aren't fish at all, but are molluscs related to squid and octopus. This structure once gave the shape to the cuttlefish body.



KELP HOLDFAST Curious oddments that can look like skeleton sections, but each is simply the holdfast, or 'roots' of large seaweeds known as kelp.



COMMON SHORE CRAB A common rock pool or shallow water species. Males have a triangular shape on their stomachs - females a semicircular shape.



SI IPPER I IMPET

Accidentally introduced to England from North America and now found

in huge numbers. It has no predators in Europe.

surface on clean sand.



HORNWRACK Remains of a colony of hundreds of The dunlin is the most widespread tiny animals called bryozoans, or 'moss and common wader in Europe. It has a slightly down-curved bill and a black animals'. It has a distinctive lemon-like belly patch in breeding plumage. smell when fresh.



COMMON BLENNY This shrimplike creature lives amongst These fish can change colour to blend seaweeds on the beach, they are found in with their surroundings. They have sharp teeth for crunching barnacles off rocks.

Cockles spot predators using

they can jump around 10cm.

their many antennae and eyes. By

PINK SEA FAN SKELETON

Although they look like plants, pink sea fans are actually colonies of coral

that are made up of animals whose

hard skeletons run through the fan.

extending their 'leg' outside the shell,



RAZORSHELL Shaped like an old-fashioned cut throat razor, these animals live buried end-up in the sand.



MERMAID'S PURSE Egg cases of dogfish, skates and rays, which attach to seaweed with entwining tendrils and often wash up





once the animals have hatched.



SANDERLING These birds can be spotted running up and down the shore as each wave comes in. A winter visitor to the UK.



DOG WHELK

the yummy contents!

Meat-eating sea snails that drill

holes into limpets, turn their

insides into soup and suck up

HERRING GULL These cheeky fellows with the red spot on their beaks are found along most coasts and are easily attracted by a bag

move with their tube feet and eat with



COMMON WHELK A large edible sea snail, twice the size of the dog whelk, the empty shell makes a good home for hermit crabs so please leave these shells on the shore.



BRITTLESTAR These guys have a small central disk and long slender arms which they can self-amputate if being attacked and then regrow once the wound heals.

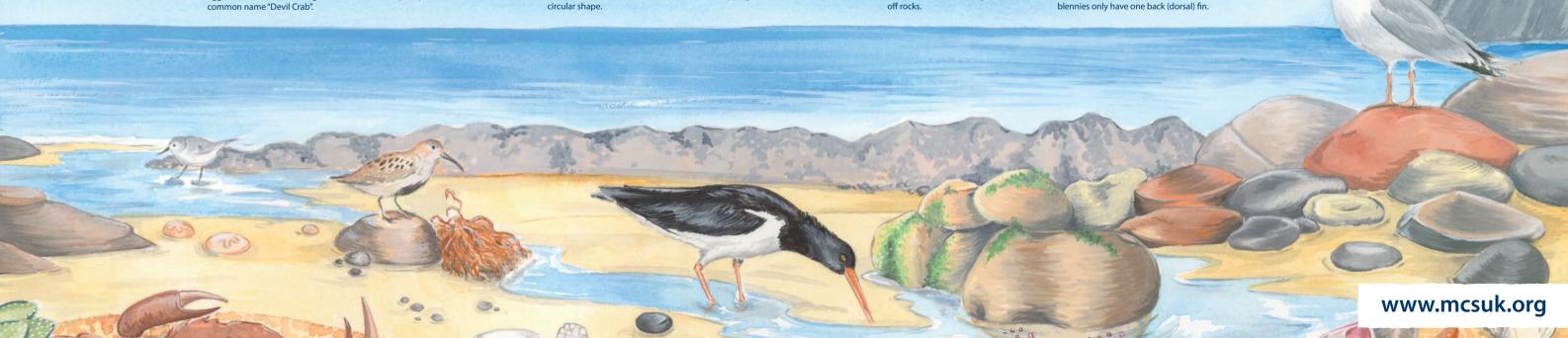


OYSTERCATCHER Striking black and white plumage with long bright orange-red bills, oystercatchers eat a third of their body weight every day.



ROCK GOBY Gobies are often confused with blennies but they have two distinctly separate fins on their backs whereas blennies only have one back (dorsal) fin.





SANDHOPPER

hopping around when the tide is out.