

## Winter Clothing “Keep Warm” Package

This package is available as an optional extra for the following experiences: Discover Dog Sledding in Lapland, Northern Lights Dog Sledding in Lapland, Husky Mountain Expedition in Lapland.

You will collect your clothing package at the start of your tour in Sweden. As size descriptions (S-XL) can be very subjective, please provide details of your height, weight and shoe size in advance.

Good clothing is important for your enjoyment and comfort during your dog sledding tour in Swedish Lapland. Average temperatures in the region range from daytime -10 degrees C/nighttime -16 degrees C in December and January to daytime -4 degrees C, nighttime -13 degrees C in March, but during the coldest periods temperatures can drop to minus 40 or less with windchill meaning your body can experience temperatures of as low as -60.

Specialist winter outer clothing is included as standard for your tour as outlined below. You should provide base and mid-layer clothing yourself (a detailed recommended packing list will be included in your booking documentation). A good base layer is essential for keeping warm and you should find the items in the “Keep Warm” package useful for many outdoor activities in the future. A good base layer keeps you warm by trapping layers of warm air and also by wicking away moisture from your body.

### Clothing provided as standard:



### “Keep Warm” package available to order in advance as optional extra:

The thermal base layer is thin but warm and you can use it underneath your normal clothing, The micro fleece jacket and trousers are very good as an extra layer to have on top. The woollen sock is very thick and warm, meaning you don't need to have several layers of socks. The clothing package also comes with a handy backpack.



Thermal Base Layer

Micro Fleece

Woollen Socks

Balaclava

Backpack