



**Nature Travels**

outdoor experiences in Sweden



Photo: Marcus Jonson

**ROMANTIC ADVENTURE IN  
FOREST LOG CABIN  
3 DAYS**

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<b>ROMANTIC ADVENTURE IN COSY FOREST LOG CABIN .....</b>	<b>2</b>
<b>2010 SEASON: .....</b>	<b>2</b>
<b>THE PRICE: .....</b>	<b>2</b>
WHAT THE PRICE INCLUDES:.....	3
<i>Accommodation</i> .....	3
<i>Meals</i> .....	3
<i>Transfers</i> .....	3
<i>Additional</i> .....	3
WHAT THE PRICE DOES NOT INCLUDE: .....	3
OPTIONAL EXTRAS:.....	3
<b>EQUIPMENT/CLOTHES NEEDED:.....</b>	<b>3</b>
<i>Packing list (recommended): .....</i>	<i>3</i>
<b>HEALTH REQUIREMENTS/EXPERIENCE: .....</b>	<b>4</b>
<b>GROUP SIZE:.....</b>	<b>4</b>
<b>INFORMATION ABOUT THE AREA: .....</b>	<b>4</b>
BERGSLAGEN .....	4
<b>COMMON SENSE AND THE RIGHT OF PUBLIC ACCESS .....</b>	<b>4</b>
<i>Respect others' privacy</i> .....	4
<i>Camping</i> .....	5
<i>Do not litter</i> .....	5
<i>Blossoms and berries</i> .....	5
<i>Protected natural areas</i> .....	5
<b>GETTING THERE:.....</b>	<b>5</b>
<i>By Air:</i> .....	5
<i>Without flying</i> .....	5
TRAVEL WITHIN SWEDEN: .....	6
<b>WHAT TO DO NEXT:.....</b>	<b>6</b>
<b>ADDITIONAL NOTES .....</b>	<b>6</b>

## Romantic Adventure in Forest Log Cabin

### Experience Code: SK3OS3

*In a beautiful forest glade in northern Västermanland awaits a genuine log cabin with a soft double bed. The cabin is small, but there is a lot of space for a couple in love! Let the forest's tranquility awake the natural love inside you.*

*In the cosy log cabin of Skogslyckan (Swedish for "forest happiness") you will sleep comfortably in front of the fireplace and enjoy the freedom of being together. Around the corner, the blueberry forest awaits you, where you can walk and enjoy the peacefulness of the forest. Here there are many different lakes with stunning sunsets to choose between and during the day there are plenty of forest walks to explore.*

*When you get hungry, dinner will be brought to you by the fire. You chop wood and fetch water from the spring to drink. In the evening you may dare a dip in the lake lit by the moon in the clear water. You will sleep well in the cabin's relaxing peacefulness and wake to the birdsong, breakfast and the never-ending forest to discover!*

This is an unusual experience so it may be a good idea to spend a few moments reading about the special practical arrangements at the forest cabin. You have access to your cabin from 4pm on your day of arrival to 12 noon on day of departure. The reception is not always attended but one of the hosts will meet you for a welcoming at around 5pm. Please let us know your estimated time of arrival.

There are also several comfortable outhouses. There are no showers but you can take a swim in lake Skärsjön or clean yourself in the little stream just nearby.

During your stay, you will use genuine oil lamps for lighting up the evenings and a fire stove to heat your cabin. There is no electricity. Fresh drinking water is available for you to fetch in the forest well - it is regularly tested and government approved as excellent drinking water.

A First Aid kit is available in the storehouse and staff have First Aid training. The nearest health centre is in Skinnskatteberg, 3km away. There is a general hospital in Fagersta, 23km away, and the regional hospital is 65km away in Västerås.

There is free car parking on the gravel road just 50 metres from the experience.

### **2010 season:**

#### **Season:**

Bookings are now closed for 2010. Please contact us for alternative suggestions.

#### **The price:**

- Per night Fri-Sat or Sat-Sun: £240/couple incl. dinner, breakfast, sack of chopped wood.
- Per night Tue-Wed, Wed-Thu, Thu-Fri: £166/couple incl. breakfast and sack of chopped wood.
- Per night Sun-Mon, Mon-Tue (only as extra nights when booking minimum one night as above): £92/couple.

Please note that dinner is only served on Fridays and Saturdays. You will need to make your own arrangements for other meals. There are several fireplaces, one of which has a view over Lake Skärsjön. Firewood, pans, plates and cutlery are available.

Simple food for lunch, etc, can be purchased on site for preparation over open fire. The nearest supermarket is Skinnskatteberg, just 3km away, which also has a selection of restaurants. If you are not travelling by car, transport to the supermarket can be arranged.

### **What The Price Includes:**

#### ***Accommodation***

Lodging in forest cabin.

Apart from the Romantic Cabin itself, the charcoaler village where the cabin is situated also has 12 traditional grass charcoaler huts, which offer simple accommodation for other guests including participants on our Forest Weekend with Elk and Beaver Safari. Elk, beaver and wolf experiences can also be added to the Romantic Adventure – please see “Optional extras” below.

#### ***Meals***

As outlined above plus welcome drink.

#### ***Transfers***

To/from Skinnskatteberg station.

#### ***Additional***

- Bed-linen.
- Use of canoe and rowing boat.

### **What The Price Does Not Include:**

Alcoholic drinks, towels.

### **Optional extras:**

Depending on your chosen dates, elk and beaver safaris can be added as optional extras during your stay:

- Beaver safari: Fridays, price £64/person
- Elk safari: Saturdays, price £64/person

It may also be possible to combine the Romantic Adventure with our Howling with Wolves experience. Please contact us for more information on prices and availability.

### **Equipment/clothes needed:**

*NB: We advise you not to buy equipment or clothes for your trip or to incur other non-refundable expenses such as flights until you have received confirmation of your booking from us in writing.*

#### ***Packing list (recommended):***

#### **Toiletries:**

Soap, toothpaste, plasters, moisturiser, sun-cream, painkillers, blister tape.

#### **Clothes:**

Pack rainwear (jacket and trousers), boots, shoes, a pair of warm socks, a pair of gloves/mittens, a warm sweater, sweatshirt, T-shirt, shirt, trousers, a pair of shorts, beachwear, underwear, anorak (or similar) and something to sleep in.

**Additional:**

Camera, binoculars, torch/headtorch, towel and a drinking water bottle.

**Health requirements/experience:**

General good health.

**Group size:**

2 persons.

**Information about the area:**

**Västmanland**

Västmanland is one of Sweden's most interesting provinces, offering a multitude of different attractions, both historical and otherwise. Västmanland is a province of small distances. You only have to travel short distances in order to encounter extremely diverse landscapes and vegetation zones. The southernmost part of the province consists mainly of Mälaren's archipelago. Animals, plants and deciduous forests are characteristic of this part of the province. The middle of Västmanland consists mainly of very fertile agricultural farmland. The northern region is dominated by vast pine and fir forests.

**Bergslagen**

The mining district of Central Sweden, Bergslagen, is a historically, culturally, and linguistically distinct region of Svealand in central Sweden. It covers several districts - Värmland, Närke, Västmanland, Dalarna, Uppland and Gästrikland. In the heart of Bergslagen is Skinskatteberg, beautifully situated between the two lakes Övre- and Nedre Vättern.

**Common Sense and the Right of Public Access**

*Do not disturb, do not destroy – that is the basic principle of Sweden's right of public access. It is not an unrestricted right. Here, you can read about the rules that apply.*

The Swedish right of public access is not a law, nor is it an absolute right. It may rather be regarded as an opportunity, one that makes it possible for everyone to enjoy the countryside. But it is an opportunity that requires responsibility, consideration and good judgement. Rules describing the kinds of consideration that must be shown are incorporated into Sweden's environmental law, and apply to everyone who exercises the right of public access.

***Respect others' privacy***

You may travel through the countryside on foot, bicycle, horse or skis, and temporarily remain in one place, as long as there is no risk that your presence or activities will damage crops, tree plantations or other sensitive areas. But you must respect the privacy of others, and you may not cross or intrude upon private property.

### **Camping**

It is permitted to set up a tent for a day or so on ground that is not used for agriculture and is far from the nearest dwelling. The closer to a residence and the greater the risk of disturbing others, the more important it is to ask the landowner for permission.

### **Do not litter**

All sorts of littering are forbidden in the countryside. A cigarette butt in a dry summer forest can destroy resources worth millions. Glass, tins and bottle caps harm both humans and wildlife, and plastic bags cause great suffering to animals that ingest them. For this reason, bags full of litter should never be left beside rubbish bin if it happens to be full.

### **Blossoms and berries**

You may not take such items as twigs, branches or bark from living trees, including birches. Obviously, you may not take entire shrubs or trees, either. But you are allowed to pick wild berries, flowers and mushrooms, as well twigs and branches that have fallen to the ground. Certain flower species are so rare that they risk becoming endangered. These species are protected and may not be picked. Information about them is available from county administrative boards. Orchids are protected throughout Sweden.

### **Protected natural areas**

Protected natural areas, including nature reserves and national parks, usually have special rules that restrict the right of public access.

More information on the right of public access can be found on our website under About Sweden or on [www.allemansratten.se](http://www.allemansratten.se)

## **Getting there:**

*NB: We advise you not to buy equipment or clothes for your trip or to incur other non-refundable expenses such as flights until you have received confirmation of your booking from us in writing.*

### **By Air:**

You can choose to fly to:

- Stockholm Arlanda
- Stockholm Västerås

Transfer from Västerås can be arranged for an additional charge.

For details of flight connections see [www.naturetravels.co.uk/holidays-in-sweden.htm](http://www.naturetravels.co.uk/holidays-in-sweden.htm). Click on the airport icons to see connections to/from each airport.

Flight buses from Swedish airports into the city can be booked online through us – see [www.naturetravels.co.uk/add-ons-flygbussarna.htm](http://www.naturetravels.co.uk/add-ons-flygbussarna.htm)

Many airlines offer discounts on rental cars in connection with their flights.

### **Without flying**

- **London-Skinnskatteberg by train:** Lunchtime Eurostar to Brussels, train to Cologne, overnight sleeper to Copenhagen and connecting trains to Skinnskatteberg.
- **Harwich- Skinnskatteberg by ferry and train:** DFDS ferry Harwich to Esbjerg (Denmark), then onward train to Skinnskatteberg via Copenhagen.

### **Travel within Sweden:**

To reach this experience you travel to Skinnskatteberg from where pick-up can be arranged at no extra charge.

**From Stockholm Arlanda (ARN) or Stockholm Central:** Train and/or bus to Skinnskatteberg, travel time around 3 hours with changes. Routes vary depending on time of journey.

**From Stockholm Västerås (VST):** Taxibus to centre of Västerås. Train/bus to Skinnskatteberg. Total travel time around 2.5 hours with changes.

Trains in Sweden are run by national train operator SJ. For train connections and to book your tickets, see [www.sj.se](http://www.sj.se). Click "In English" in the top right corner. Please note that the most affordable tickets are released 90 days before departure.

More details and advice on local transport will be provided after booking.

If you have any questions, do not hesitate to contact us.

### **What to do next:**

If you are interested in this experience, please make sure that you understand exactly what the experience entails and are confident that you will be able to take part fully in all activities included in the trip. If you have any doubts or questions, please discuss the matter with us and we will be happy to advise. Similarly, if you have any particular health or dietary requirements that we need to be aware of, please mention these at the time of booking.

If you feel confident that you will be able to take part, then download and read our TERMS AND CONDITIONS. Then, please contact us to make sure that your chosen dates are available, and feel free to ask us anything else you like: we are keen to ensure that your trip is an enjoyable and memorable experience for you – we love Sweden and we want you to too!

For more information on how to book this trip please visit our website [www.naturetravels.co.uk/booking.htm](http://www.naturetravels.co.uk/booking.htm) or call us on 01929 463774.

### **Additional Notes**

This provider has received a prestigious Swedish Ecotourism award for its commitment to high standards to cultural and environmental sensitivity.