



Ski Touring in the Mountains of Western Sweden, March 2009

Dear Sofia

It is September already, and I was talking to someone just yesterday about our wonderful trip ski touring in Western Sweden this spring, and all the great tours you run. I gave them your website.

My apologies for taking so long to send you some photos and a bit of blurb. Please feel free to use what you want!

As you know, if you remember, Anna (sister) and I met in Terminal 5 at Heathrow – so much fun.

Our flight to Stockholm went quickly – and all our bags/skis came with us. We stayed at the youth hostel part of the ex-prison Langholmen for one night before, and two nights after our tour. It was wonderful! You recommended it quite rightly. Great rooms, wonderful food and a real experience.

The bus trip was smooth with one stop and one change.

The lodge at Grovelsjon again was wonderful. All that we could need, lovely helpful people, superb meals. We were a day early so had time for me to rent and test my ski equipment. I was fitted very quickly and after one run exchanged my boots with no problem. My equipment was perfect for the whole time!

The Sunday evening the tour officially started by having dinner with everyone and meeting our guide, Bengt. We were in excellent hands from the start. You will see him in various photos – he led us at just the right pace with great good humour. The rest of the group practised their English with us and taught us a little Swedish!

Monday we all set out on a 12km local ski trip and during our lunch break learned how to put up the orange wind tents we would carry with us. (The weather was usually sunny so we didn't need to put them up.) Bengt discreetly evaluated everyone to make sure we could do the distance – we all did!

Tuesday to Friday we skied from Sweden to Norway and back..... just excellent. We stayed the first night at cabins where our supper was brought from Grovelsjon by skidoo.... the next two nights were spent in Norway and we were well looked after – with lovely hot showers available etc.

The scenery of mountains, snowscapes, valleys and lakes were wonderful and just big!

We had a long run home on Friday and welcome saunas – then a final dinner. We were a fun and happy group of people and all had a good time and got home safely.

There was also a photographer and a journalist with us – doing an article for the Swedish Tourist Board I think.

Anna and I then headed back to Stockholm and spent a day doing museums before flying home.

Your arrangements and suggestions and help were exactly what we needed – thank you so much! I really hope to do something again soon with Nature Travels....

With best wishes to you all - Janey