



**Nature Travels**

outdoor experiences in Sweden



## WINTER LOG CABIN ESCAPE IN VARMLAND - 8 DAYS

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## Winter Log Cabin Escape in Värmland: 8 days

### Experience Code: FG8AW1

*Winter is an ideal time of year for a log cabin holiday in Sweden, whether you are a couple looking for romantic winter evenings by candlelight next to the fire or an active family wanting a winter adventure with the children.*

*In a typical winter, the snow usually arrives before Christmastime and lasts into late March. Värmland is located in the west of Sweden, bordering Norway, and this area has around 90-150 days of snow cover a year.*

*There are three traditional log cabins spaced about 30m apart, each sleeping up to 6 persons in two 2-person rooms and one 2-person sleeping loft (very popular with children!), meaning this experience is also an excellent choice for 2-3 families or groups or larger friends travelling together.*

*Each cabin is fully equipped with kitchen, shower, WC and wood-burning stove, and has a veranda looking out over the lake just 75m away. There is also a sauna in an adjacent building for your use. If you plan to have a car during your stay, there are a number of small villages and local restaurants to explore within easy driving distance.*

*Värmland in winter offers a wide variety of possibilities for winter activities. The lakes freeze over and it is possible to try your luck at ice fishing. There are prepared tracks for cross-country skiing running right from the door, or let your hair down and rediscover the simple joys of tobogganing (children not essential!). For those who just can't resist the lure of the pistes, there is a small downhill ski area just 30 minutes away.*

*If you feel the urge to explore, take some snowshoes and go in search of animal tracks in the forest. Among the tracks you may see are moose, deer, fox and pine marten. The area has a large population of beaver, and the tell-tale signs of their industrious efforts are a common sight. You may even find tracks and signs left by some of Sweden's largest and most elusive mammals, the wolf and lynx.*

*Relaxing and romantic or active and family-friendly, Winter Log Cabin Escape in Värmland is an ideal choice for a log cabin holiday in Sweden.*

### **2009/2010 winter season:**

This experience is available all year round. Snow normally mid-December to late March.

### **The price:**

During high season the week runs from Saturday-Saturday, during low season other start days and durations may be possible - please do not hesitate to ask if you have any questions.

- High Season: £725/cabin/week
- Low Season: £526/cabin/week

High Season: June/July/August, Christmas and New Year.

## **What The Price Includes:**

### **Accommodation**

Log cabins for 4 (+2) adults, situated just 75m from the water. Each cabin is suitable for 4 adults or a family of six. There are facilities for drying and laundry and a sauna in a nearby building. Please note that bedding/towels are not included. Please let us know in advance if you have any special requirements (e.g. cot, high chair).

### **Meals**

Self-catering: the cabins are fully-equipped for self-catering. The nearest shop is 20km away, 15 min by car or your host will be happy to assist you if needed.

### **Equipment**

Snowshoes are available to hire from your host. Cross country ski equipment is available to hire as an optional extra and a number of other winter activities are possible in the area.

### **Guides:**

You will receive experienced and knowledgeable guidance on the area on request. Guided ice fishing can be arranged as an optional extra.

### **Additional:**

Cleaning of the cabin on departure.

## **What The Price Does Not Include:**

Food and drinks, bedding and towels, fishing equipment.

## **Optional extras:**

Bedding and towels: £11 per person/stay

Canoe: £21/day (depending on weather conditions)

Mountain bike: £15/day (depending on weather conditions). Child sizes for children aged approx 8-12 years are also available.

Cross country ski hire: Please contact us to discuss your requirements.

Guided ice fishing: Please contact us to discuss your requirements.

It is possible to arrange for transfer from the train station in Arvika at a cost of £24/transfer one-way. Up to four persons can be accommodated in each transfer. For larger groups, please contact us for a quotation.

Taxi transfer can also be reserved through us from Oslo Gardemoen airport (payment to be made locally in Swedish Kronor), at an approximate cost of 1500 SEK/transfer one-way.

## **Equipment/clothes needed:**

*NB: We advise you not to buy equipment or clothes for your trip or to incur other non-refundable expenses such as flights until you have received confirmation of your booking from us in writing.*

### **Packing list (recommended):**

#### **Toiletries:**

Soap, toothpaste, plasters, moisturiser, sun-cream, painkillers, blister tape, mosquito repellent (see the "About Sweden" page on our website for further information about mosquitoes).

**Clothes:**

Take clothes you are not afraid to damage. Quick-drying materials are best. Bear in mind that jeans and sweatshirts are difficult to dry. Pack warm winter wear (jacket and trousers), boots, shoes, a pair of warm socks, something to cover your head, a pair of gloves/mittens, a warm sweater, sweatshirt, T-shirt, shirt, trousers, long underpants, underwear and something to sleep in.

**Equipment:**

Bedding and towels (if not chosen as optional extra).

**Additional:**

Sunglasses, matches, knife, camera, binoculars and food. The nearest store is 20km away, 15 min by car or your host will be happy to assist you if needed.

**Health requirements/experience:**

You should have general good health – guests of all ages are welcome.

**Group size:**

The cabins are suitable for families of up to six persons. Each cabin is suitable for up to 4 adults.

**Groups:**

It is possible to book this experience as a group. Please contact us for further details and a quote. The site can take a group of 15-20 persons.

**Information about the area:****Mången-Treens fishing reservation area:**

Stor-Treen and Mången are two small lakes located north of Arvika and are managed by the Mången Treens FVO, located in the municipality of Arvika and Sunne. Stor-Treen is located 190 meters above sea level and Mången is located 212 metres above sea level. The two lakes offer good fishing possibilities for perch, pike, Gullspång salmon, Gullspång trout and Brunnhytte trout. Many big fish are caught here every year. During winter the lakes in the area usually freeze and ice fishing is popular.

In the surrounding area there are a large number of streams and other fishing waters.

**Värmland**

Värmland is often described as the province of nature and culture. It is also a province of wilderness with unspoiled forests, distant blue mountains and shimmering wild waters for fishing and canoeing.

The people of Värmland are known for being friendly and helpful. Hospitality and obliging manners are also typical characteristics for a person from Värmland. Värmland is an excellent recreation area. There are a lot of lakes, streams, high mountains and deep forests. And through it all runs the river Klarälven, the largest river in Sweden. There are also other open waters in Värmland where you can find excellent fishing spots.

**Common Sense and the Right of Public Access**

*Do not disturb, do not destroy – that is the basic principle of Sweden's right of public access. It is not an unrestricted right. Here, you can read about the rules that apply.*

The Swedish right of public access is not a law, nor is it an absolute right. It may rather be regarded as an opportunity, one that makes it possible for everyone to enjoy the countryside. But it is an opportunity that requires responsibility, consideration and good judgement. Rules describing the kinds of consideration that must be shown are incorporated into Sweden's environmental law, and apply to everyone who exercises the right of public access.

### ***Respect others' privacy***

You may travel through the countryside on foot, bicycle, horse or skis, and temporarily remain in one place, as long as there is no risk that your presence or activities will damage crops, tree plantations or other sensitive areas. But you must respect the privacy of others, and you may not cross or intrude upon private property.

### ***Camping***

It is permitted to set up a tent for a day or so on ground that is not used for agriculture and is far from the nearest dwelling. The closer to a residence and the greater the risk of disturbing others, the more important it is to ask the landowner for permission.

### ***Do not litter***

All sorts of littering are forbidden in the countryside. A cigarette butt in a dry summer forest can destroy resources worth millions. Glass, tins and bottle caps harm both humans and wildlife, and plastic bags cause great suffering to animals that ingest them. For this reason, bags full of litter should never be left beside rubbish bin if it happens to be full.

### ***Blossoms and berries***

You may not take such items as twigs, branches or bark from living trees, including birches. Obviously, you may not take entire shrubs or trees, either. But you are allowed to pick wild berries, flowers and mushrooms, as well twigs and branches that have fallen to the ground. Certain flower species are so rare that they risk becoming endangered. These species are protected and may not be picked. Information about them is available from county administrative boards. Orchids are protected throughout Sweden.

### ***Protected natural areas***

Protected natural areas, including nature reserves and national parks, usually have special rules that restrict the right of public access.

More information on the right of public access can be found on our website under About Sweden or on [www.allemansratten.se](http://www.allemansratten.se)

## **Getting there:**

*NB: We advise you not to buy equipment or clothes for your trip or to incur other non-refundable expenses such as flights until you have received confirmation of your booking from us in writing.*

### ***By Air:***

You can choose to fly to:

- Stockholm Arlanda
- Stockholm Skavsta (NYO)
- Stockholm Västerås (VST)
- Oslo International
- Oslo Torp
- Gothenburg Landvetter
- Gothenburg City

For details of flight connections see [www.naturetravels.co.uk/holidays-in-sweden.htm](http://www.naturetravels.co.uk/holidays-in-sweden.htm). Click on the airport icons to see connections to/from each airport.

Flight buses from Swedish airports into the city can be booked online through us – see [www.naturetravels.co.uk/add-ons-flygbussarna.htm](http://www.naturetravels.co.uk/add-ons-flygbussarna.htm)

Many airlines offer discounts on rental cars in connection with their flights.

#### ***Without flying***

- **Harwich-Arvika by ferry and train:** DFDS ferry Harwich to Esbjerg (Denmark), then onward train to Arvika via Copenhagen.

#### **Travel within Sweden:**

**From Stockholm Arlanda:** Flight bus to central Stockholm. Train to Arvika approx. 3.5 hours with one change.

**From Stockholm Skavsta or Stockholm Västerås:** Train to Arvika approx. 5-6 hours with changes.

**From Oslo Gardermoen International or Oslo Torp:** Check with your airline for transfer to central Oslo. From Oslo take a direct train to Arvika (around 2.5 hours).

**From Gothenburg City or Gothenburg Landvetter:** Flight bus to central Gothenburg. Train to Arvika approx. 3.5-4 hours with one change.

Trains in Sweden are run by national train operator SJ. For train connections and to book your tickets, see [www.sj.se](http://www.sj.se). Click "In English" in the top right corner. Please note that the most affordable tickets are released 90 days before departure.

It is possible to arrange for transfer from the train station in Arvika at a cost of £23/transfer one-way for up to four persons. For larger groups, please contact us for a quotation.

Once on-site, it is not essential to have a car - if you need help with anything, your local provider will be happy to assist you.

More details and advice on local transport will be provided after booking.

**By car:** Arvika is located 155km from Oslo and 361km from Gothenburg. If you would like to drive, full driving instructions can be provided after booking.

If you have any questions, do not hesitate to contact us.

#### **What to do next:**

If you are interested in this experience, please make sure that you understand exactly what the experience entails and are confident that you will be able to take part fully in all activities included in the trip. If you have any doubts or questions, please discuss the matter with us and we will be happy to advise. Similarly, if you have any particular health or dietary requirements that we need to be aware of, please mention these at the time of booking.

If you feel confident that you will be able to take part, then download and read our TERMS AND CONDITIONS. Then, please contact us to make sure that your chosen dates are available, and feel free to ask us anything else you like: we are keen to ensure that

your trip is an enjoyable and memorable experience for you – we love Sweden and we want you to too!

For more information on how to book this trip please visit our website  
[www.naturetravels.co.uk/booking.htm](http://www.naturetravels.co.uk/booking.htm) or call us on 01929 463774

### **Additional Notes**

This tour has received a prestigious Swedish Ecotourism award for its commitment to high standards to cultural and environmental sensitivity.